Lay Low



Count: 32 Wall: 4 Level: Improver

Choreographer: Darren Bailey – Aug 2015 Music: Lay Low (Josh Turner)

Intro: 32 counts

Side Rock R, Cross Shuffle, 1/4 R x2, Cross Shuffle.

1-2 Rock Rf to R side, Recover onto Lf

3&4 Cross Rf over Lf, Step Lf to L side, Cross Rf over Lf

5-6 Make a 1/4 turn R and step back on Lf, Make a 1/4 turn R and step Rf to R side

7&8 Cross Lf over Rf, Step Rf to R side, Cross Lf over Rf

Step R, Touch L, Kick Ball Cross, Side Rock L, Sailor 1/2 L turn with Cross.

1-2 Step Rf to R side, Touch Lf next o Rf

3&4 Kick Lf forward (to L diagonal), Step Lf next to Rf, Cross Rf over Lf

5-6 Rock Lf to L side, Recover onto Rf

7&8 Cross Lf behind Rf making a 1/4 turn L, Step Rf next to Lf, Make a 1/4 turn L and cross Lf over Rf

(Restart here on wall 4)

Step R, Lock L, Chasse 1/4 turn R, Pivot 1/2 turn R, 1/2 turning Shuffle R.

1-2 Step Rf to R side, Lock Lf behind Rf (popping R knee forward)

3&4 Step Rf to R side, Close Lf next to Rf, make a 1/4 turn R and step forward on RF

5-6 Step forward on Lf, Make a 1/2 pivot turn R

7&8 Make a 1/4 turn R and step Lf to L side, Close Rf next to Lf, Make a 1/4 turn R and step back on Lf

Back x2 with Knee pops, R Coaster Step, Cross Rock L, Scissor step L

1-2 Step back on Rf poppoing L knee forward, Step back on Lf poppoing R knee forward

3&4 Step back on Rf, close Lf next to Rf, Step forward on Rf

5-6 Cross Rock Lf over Rf, Recover onto Rf

7&8 Step Lf to L side, Close Rf next to Lf, Cross Lf over Rf

Tag....Before starting wall 10.

I-4 Click fingers on R hand x4 slowly bringing R hand down to the side.